

"Children smile on the average 400 times/day; Adults: 15 times/day. Ever wonder why?"

## I just love to see you smile!

Young children love to hear and to tell riddles. It's fun to share a laugh together! Here are some riddles you can share with your child ~ and maybe you will overhear your child tell these riddles to friends in kindergarten!

What did the rug say to the floor?

*Don't worry, I've got you covered!*

Where does a fish keep its money?

*In a riverbank!*

What building has the most stories?

*The library!*

What has teeth but does not bite?

*A comb!*

What goes up when the rain comes down?

*An umbrella!*

What is the best kind of fish to eat with peanut butter?

*Jellyfish!*

What is the best month for a parade?

*March!*

## Tips for Families

Does the school require a health checkup for my child before kindergarten? **Yes!**

Kindergarten Health Assessment: A Checklist

- Have your child's health assessment completed within one year of the start of the kindergarten year.
- Call your child's doctor to schedule an appointment for the kindergarten Health Assessment to record the results of the vision, hearing, and developmental assessment.
- Check with the doctor to be sure your child's immunizations are up-to-date.
- Find out if your child will need a written plan for any special health care needs such as asthma or severe allergies.
- Visit your child's dentist for a before school checkup.

# February

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____
7	_____
8	_____
9	_____
10	_____
11	_____
12	_____
13	_____
14	_____
15	_____
16	_____
17	_____
18	_____

## Resources For Families

Book: The Giant Encyclopedia of Preschool Activities for Four-Year-Olds ed. by Kathy Charner and Maureen Murphy

Website: The National Parenting Center [www.tnpc.com](http://www.tnpc.com)

Family Support Network [www.fsnn.org](http://www.fsnn.org)

Family Support Network of NC provides support for families with children who have special needs

## Cuddle Up and Read with Your Child

Look Out Kindergarten, Here I Come!  
by Nancy Carlson

What I Look Like When I am Angry  
by Heidi Johansen

A String of Beads by Margarete S. Reid

Enrico Starts School  
by Charlotte Middleton

Chrysanthemum by Kevin Henkes



- 19 \_\_\_\_\_
- 20 \_\_\_\_\_
- 21 \_\_\_\_\_
- 22 \_\_\_\_\_
- 23 \_\_\_\_\_
- 24 \_\_\_\_\_
- 25 \_\_\_\_\_
- 26 \_\_\_\_\_
- 27 \_\_\_\_\_
- 28 \_\_\_\_\_

## Fun for Families

- Snuggle close together and read every day
- Sing familiar and favorite songs together
- Set up "stations" or "centers" around the house for art, reading, playing, doing puzzles
- Allow unstructured, unplanned time to be with your child ...
- Play together!
- Ask questions – and encourage your child to ask questions
- Invent a Scavenger Hunt and then go on it with your child
- Visit the library – get a library card for your child
- Create a dress up box with clothes, shoes, old jewelry and creative play things