

"Children are apt to live up to what you believe of them." -Claudia Lady Bird Johnson

Fun Times Together

Butterfly Laughter

"In the middle of our porridge plates
There was a blue butterfly painted
And each morning we tried who should reach
the butterfly first.
Then the Grandmother said: "Do not eat the
poor butterfly."
That made us laugh.
Always she said it and always it started us
laughing.
It seemed such a sweet little joke.
I was certain that one fine morning
The butterfly would fly out of our plates,
Laughing the teeniest laugh in the world,
And perch on Grandmother's lap."

- a poem by Katherine Mansfield

Fun for Families

- Take a risk, try new things! Your child will see you doing this and then will be more likely to try new things too!
- Encourage self-reliance, but be ready to help if asked
- Involve your child with small fix-it jobs around the house
- Go to a local cultural event – dance, musical, play, art exhibit, or community celebration
- Sing! Sing! Sing!
- Read to children every day
- Collect magazines or old greetings cards and help your child cut out the pictures
 - Sprout beans or other seeds – plant bulbs
 - Go to a nearby park and throw a Frisbee or play catch

April

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Tips for Families

Get involved with your child's school!

Research has shown that there is a link between school success and how involved a parent is in their child's education. Volunteering in your child's kindergarten class will give you an opportunity to see what happens during the school day, support your child, and show your child and your child's teacher that you think education is important. Here are some ideas for what you could offer to do as a parent volunteer:

- Telephone other parents about upcoming events at the school
- Donate items for the pretend play area
- Get involved with the ParentTeacher Association (PTA)
- Help in the school office
- Make props for learning centers
- Share your own interest or hobby with the class
- Help with lunch
- Help with art or music activities
- Join a committee of the PTA that interests you
- Organize a family support group
- Help in the library
- Assist in planning special events



Cuddle Up and Read with Your Child

Tom Goes to Kindergarten
by Margaret Wild

Country Kid, City Kid
by Julie Cummins

Mouse's First Spring
by Lauren Thompson

Inch by Inch by Leo Lionni

The Carrot Seed by Ruth Krauss



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Resources For Families

Book: Kindergarten: Ready or Not? A Parents Guide
by Sean A. Walmsley and Bonnie Brown Walmsley

Websites: Kids Health www.kidshealth.org
Health information for parents

The American School Directory www.asd.com
This website provides vital information on all K-12 schools
in the United States