

"The work will wait while you show the child the rainbow, but the rainbow won't wait while you do the work." - Patricia Clafford

Sharing time in the Kitchen

Fun for Families

- Bake muffins. Add 6 blueberries to each one. Can you get one blueberry in each bite?
- Practice what it will be like to eat in the school cafeteria – allow your child to serve herself the food at mealtime .
- Show affection! HUG! SMILE! LOVE!
- Learn together about your community - visit a historic site.
- When you are reading a story together, ask your child "What happens next?" (make predictions)
- Prepare a snack with your child's help – talk about the recipe you used.
- Learn about mixing colors by mixing together food colors.
- Put out mixing cups and measuring spoons and let your child measure rice, noodles, beans or water.



November

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Resources For Families

Book: Smooth Moves to Kindergarten by Patricia W. Wesley

Website: North Carolina Early Intervention and Early Childhood Lending Library

<http://www.ncei-eclibrary.org/index.cfm>

NC Smart Start: <http://www.smartstart.org>

Smart Start is a publicprivate initiative that provides early education funding to all of the state's 100 counties

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Cuddle Up and Read with Your Child

When You Go to Kindergarten
by James Howe

Too Many Tamales by Gary Soto

Apple Batter
by Deborah Turney Zagwyn

Stone Soup by Ann McGovern

The Beastly Feast
by Bruce Goldstone

